

Trainingsorganisation Masters

| | | | Dienstag | | | | | | Donnerstag | | | | | | Freitag | |
|----|--------------|---------|-------------|----------|-------------|--------|-------------|--------|-------------|--------|-------------|--------|-------------|--------|-------------|-----------------|
| | | | 19.00-20.00 | | 20.00-21.00 | | 21.00-22.00 | | 19.00-20.00 | | 20.00-21.00 | | 21.00-22.00 | | 17.00-18.30 | |
| | | | B 6 | B 4/5 | B 5/6 | B 4 | B 5/6 | B 4 | B 5/6 | B 4 | B 5/6 | B 4 | B 5/6 | B 4 | B 5/6 | B 4 |
| 1 | Benkert | Marco | ----- | | | x | | | ----- | | x | | | | | x ¹⁾ |
| 2 | Hofmann | Frank | ----- | | | | x | | ----- | | | x | | | | x ¹⁾ |
| 3 | Karl | Stefan | ----- | | | | | x | ----- | | | | | x | | |
| 4 | Köhler | André | ----- | | | x | | | ----- | | | | | x | | x ²⁾ |
| 5 | Schönberger | Martin | ----- | | | x | | | ----- | | x | | | | | x ²⁾ |
| 6 | Wichmann | Peter | ----- | | | | x | | ----- | | x | | | | | x ¹⁾ |
| 7 | Breyer | Monika | ----- | | | x | | | ----- | | x | | | | | |
| 8 | Gießler | Olaf | ----- | | | | | x | ----- | | | | | x | | |
| 9 | Hertzer | J. | ----- | | x | | | | ----- | | | | x | | | |
| | | | ----- | | | | | | ----- | | | | | | | |
| 10 | Schneidewind | Guido | ----- | | x | | | | ----- | | | | x | | | |
| 11 | March | Frank | ----- | | x | | | | ----- | | x | | | | | x ²⁾ |
| 12 | Erbe | Dieter | ----- | | x | | | | ----- | | x | | | | | x ¹⁾ |
| 13 | Hühn | Erika | ----- | | x | | | | ----- | | | | | | | x ²⁾ |
| 14 | Nowak | H.-G. | ----- | | x | | | | ----- | | | | | | | x ²⁾ |
| 15 | Ehrlich | Ortrud | ----- | | x | | | | ----- | | | | | | | x ²⁾ |
| 16 | Siebert | Astrid | ----- | | x | | | | ----- | | | | | | | x ²⁾ |
| 17 | Schlieter | H.-G. | ----- | | x | | | | ----- | | | | | | | x ²⁾ |
| 18 | Langguth | Jutta | ----- | | x | | | | ----- | | | | | | | x ²⁾ |
| 19 | Heußner | Anita | ----- | | x | | | | ----- | | | | | | | x ²⁾ |
| | | | ----- | | | | | | ----- | | | | | | | |
| 20 | Hahnemann | Norbert | ----- | | | | x | | ----- | | | | x | | | x ¹⁾ |
| 21 | Schreier | Konrad | ----- | | | | x | | ----- | | | | x | | | |
| 22 | Nehrig | Marita | ----- | x | | | | | ----- | | x | | | | | x ¹⁾ |
| 23 | Nehrig | Michael | ----- | x | | | | | ----- | | x | | | | | x ¹⁾ |
| 24 | Nehring | Amelie | ----- | x | | | | | ----- | | x | | | | | x ¹⁾ |
| 25 | Knoll | Markus | ----- | | x | | | | ----- | | x | | | | | x ¹⁾ |

Trainingsorganisation BFG

| | | | Dienstag | | | | | | Donnerstag | | | | | | Freitag | |
|----|-----------|-----|-------------|-----|-------------|---|-------------|---|-------------|-----|-------------|---|-------------|---|-------------|---|
| | | | 19.00-20.00 | | 20.00-21.00 | | 21.00-22.00 | | 19.00-20.00 | | 20.00-21.00 | | 21.00-22.00 | | 17.00-18.30 | |
| | | | B | B | B | B | B | B | B | B | B | B | B | B | B | |
| | | | 6 | 4/5 | 5/6 | 4 | 5/6 | 4 | 5/6 | 4 | 5/6 | 4 | 5/6 | 4 | 5/6 | 4 |
| 1 | Birke | E. | ----- | x | | | | | ----- | | | | | | | |
| 2 | Brey | E. | ----- | x | | | | | ----- | | | | | | | |
| 3 | Fuhrmann | F. | ----- | x | | | | | ----- | | | | | | | |
| 4 | Gusikat | K. | ----- | x | | | | | ----- | | | | | | | |
| 5 | Kahle | A. | ----- | x | | | | | ----- | | | | | | | |
| 6 | Kanhäuser | B. | ----- | x | | | | | ----- | | | | | | | |
| 7 | Klose | W. | ----- | x | | | | | ----- | | | | | | | |
| 8 | Köpke | R. | ----- | x | | | | | ----- | | | | | | | |
| 9 | Lesch | A. | ----- | x | | | | | ----- | | | | | | | |
| 10 | Mann | D. | ----- | | | | | | ----- | x | | | | | | |
| 11 | Mayer | E. | ----- | | | | | | ----- | x | | | | | | |
| 12 | Rohloff | M. | ----- | | | | | | ----- | x | | | | | | |
| 13 | Rosetzki | U. | ----- | | | | | | ----- | x | | | | | | |
| 14 | Schneider | I. | ----- | | | | | | ----- | x | | | | | | |
| 15 | Wolf | C. | ----- | | | | | | ----- | x | | | | | | |
| 16 | Wolf | F. | ----- | | | | | | ----- | x | | | | | | |
| 17 | Zentgraf | B. | ----- | | | | | | ----- | x | | | | | | |
| 18 | Ebert | E-M | ----- | | | | | | ----- | Gym | | | | | | |
| 19 | Fiedler | H. | ----- | | | | | | ----- | Gym | | | | | | |
| 20 | Forth | B. | ----- | | | | | | ----- | Gym | | | | | | |
| 21 | Patzelt | B. | ----- | | | | | | ----- | Gym | | | | | | |
| 22 | Schnieke | U. | ----- | | | | | | ----- | Gym | | | | | | |
| 23 | Dr. Wilke | D. | ----- | | | | | | ----- | Gym | | | | | | |

1) Freitag ab 17.00 Uhr bis 17.45 Uhr

2) Freitag 17.45 bis 18.30 Uhr

Hinweis Wenn freitags in der Zeit 18.00 Uhr bis 18.30 Uhr der Lehrgang Herz Reha läuft, findet das Training der Gruppen 1) und 2) im wöchentlichen Wechsel in der Zeit von 17.00 Uhr bis 18.00 Uhr statt – Bekanntgabe erfolgt jeweils nach Kenntnis von einem Lehrgang und dessen Dauer